

Cool 'n' Crunchy Egg Salad

4 servings

- 4 oz. (about 1/2 cup) cream cheese, softened
- 2 tbs mayonnaise
- 1 tbs sweet pickle relish
- 4 hard-cooked eggs, chopped
- 1/2 cup finely chopped carrots
- 2 tbs chopped pimiento stuffed green olives
- lettuce leaves, and/or tomato slices, optional

In a medium sized bowl, stir together first 3 ingredients. Stir in remaining ingredients until evenly coated with dressing. Cover and chill to blend flavors. Serve on lettuce leaves and garish with tomato slices, if desired.

Nutritional information per serving without optional ingredients: 242 calories, 9g protein, 4g carbohydrate, 21g total fat, 248mg cholesterol, 319mg sodium.